
Evaluating Home Health Tests

THE QUESTION

What Should We Look for When Choosing a Home Health Test?

Professional education gives us unique insight and experience in determining the quality of an at home health test.

As health care providers, we have the opportunity to help our clients navigate the confusing world of at home health tests. There are a variety of quality indicators to look for when guiding our clients who choose to utilize these products.

Below is a list of considerations to make when helping your client choose a home health test that meets their needs.

CONSIDERATION 1:

Ensure that the specimen the test requires your client to collect will provide a valid response for what it claims to be testing.

CONSIDERATION 2:

The results of the home health test should be gathered from an independent 3rd party laboratory for unbiased results.

CONSIDERATION 3:

As a practitioner it is important to look at the recommendations the site is providing to ensure they are using up-to-date and trustworthy research to support their claims.

CONSIDERATION 4:

High quality at home health tests can be expensive so helping guide our clients to tests that are covered through an HSA plan will help to offset the cost.

CONSIDERATION 5:

Many of our clients are getting at home health test brand names from social media or friends. It is important to help our clients to make informed decisions.

CONSIDERATION 6:

Identify the industry partners or collaborators who work with the company providing the test, and evaluate their credibility.

More people are choosing at home tests and the market continues to grow. It is estimated that the at-home health tests industry will grow to \$8.11 billion by 2027, based on a Bloomberg report. As nutrition experts, we can help shape this growth and provide our clients with the high quality testing options.