

Understanding End-Stage Renal Disease (ESRD)



STAGE	GFR (mL/min)	DESCRIPTION
1	90 or higher	For most people, this is a normal level, however there still may be some mild kidney damage, if there is protein in the urine.
2	60-89	This may indicate early kidney disease. However, it may be the normal level for elderly and infants.
3	30-59	A GFR between 30 and 59 reflects moderate kidney disease.
4	15-29	This signifies severe kidney disease.
5	15 or lower	A GFR of 15 or lower is consistent with kidney failure, also known as end stage renal disease (ESRD). At this stage, dialysis or a kidney transplant is required to sustain life.