

Diabetes Introduction Questionnaire

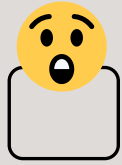
HOW ARE YOU FEELING ABOUT YOUR NEW DIAGNOSIS?



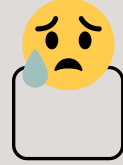
Ready to Improve
my Health



Concerned



Shocked



Sad/Upset



Angry/Mad

Explain:

What have
you heard about
diabetes?

What are you
most worried
about?

(Based on your own research, experience, or from your doctor, nurse, or other health provider)

What have
you already
learned?

ON A SCALE OF 1-10 HOW READY DO YOU FEEL TO
MAKE LIFESTYLE CHANGES?



Not Ready



1



2



3



4



5



6



7



8



9



10



Very Ready

Any other notes, questions, or concerns you may have
for your Diabetes Education Professional:
