

10 Super Healthy, Low Carb Snacks For Diabetes

1. Fruit and Cheese Kebabs



2. Greek Yogurt

3. Guacamole with Whole Grain Chips

4. Small Turkey Sandwich



5. Cheese and Crackers



6. Air Popped Popcorn

7. Rice Cake with Peanut Butter

8. Hard-Boiled Egg



9. Apple Slices and Almond Butter

10. Vegetables and Hummus

