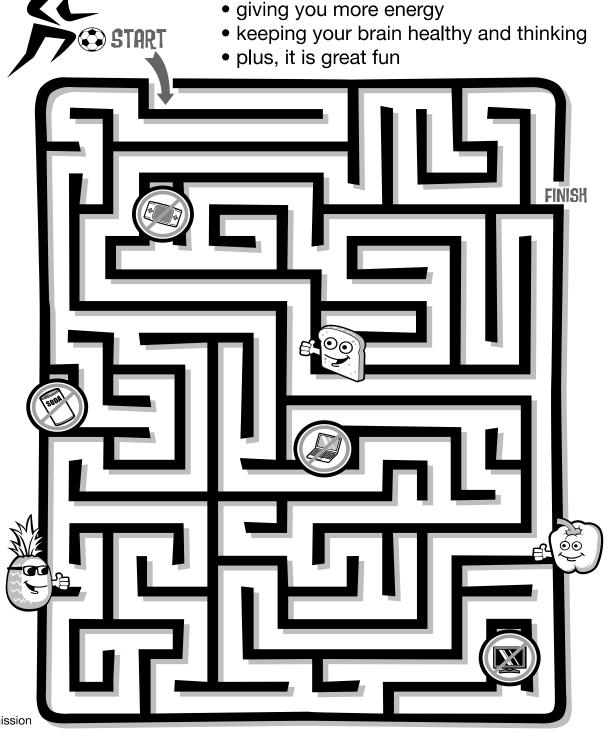
Healthy Activities for Cool Kids – Ages 6-10

Have Fun and Be Active Everyday!

Being active helps keep your body healthy by:

- keeping your heart strong
- making your bones strong



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